SCRIPTURE REFLECTIONS



1. Matthew 16:24-25

Then Jesus said to His disciples, "If anyone wishes to come after me, he must deny himself, and take up his cross and follow me." For whoever wishes to save his life will lose it; but whoever loses his life for my sake will find it.

2. 1 Corinthians 10:16-17

Is not the cup of blessing which we bless a sharing in the blood of Christ? Is not the bread which we break a sharing in the body of Christ? Since there is one bread, we who are many are one body; for we all partake of the one bread.

3. John 6:35

Jesus said to them, "I am the bread of life; he who comes to me will not hunger, and he who believes in me will never thirst.

4. John 6:51

I am the living bread that came down out of heaven; if anyone eats of this bread, he will live forever; and the bread also which I will give for the life of the world is My flesh.

5. John 6:53-57

So Jesus said to them, "Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink His blood, you have no life in yourselves. "He who eats my flesh and drinks my blood has eternal life, and I will raise him up on the last day. "For my flesh is true food, and my blood is true drink.