



COMMUNION

BLESSINGS FOR EMHC

CHILDREN

May you always be held in God's arms, and always know God's peace."

May the Lord bless and keep you all the days of your life.

ADULTS

May The Love of God be strong in your hearts.

May the Lord who feeds us Fill your heart and your mind with a knowledge of his love.

May Christ, present in the Eucharist, bless you and remain with you always.

May the gift of faith in the Risen Lord abound and overflow in your life.

May the Holy Spirit grant you spiritual communion
with all who partake of this holy meal

Receive the Spirit of Jesus Christ in your heart

May the Good Shepherd Bless and Protect You.

May the Risen Lord be with you always.

May God always be with you in your heart and your mind.